



# ***Special Olympics*** *Missouri*

## ***SOMO State Bowling Championships***

*West State Bowling â January 10, 2026*

*Kansas City, MO*



**To:** Area Program Staff  
**From:** Craig Hall, Director of Competition and Outreach  
**Re:** 2026 West State Bowling Championships  
**Event Date:** January 10<sup>th</sup>, 2026  
**Location:** Kansas City, Missouri

**Venues:** Lunar Bowl- 2001 NW Hwy 7, Blue Springs, MO 64014  
Main Event- 4600 S Cochise Ct, Independence, MO 64055  
Summit Lanes - 803 SW Oldham Pkwy, Lee's Summit, MO 64081  
Gladstone Bowl- 300 NW 72nd St, Kansas City, MO 64118

**Competition Offerings:**

1. Individual Events:
  - a. Singles (2-Game or 3-Game)
  - b. Ramp (2-Game)
  - c. Assisted Ramp (2-Game)
  
2. Doubles Events:
  - a. Doubles (2-Game or 3-Game)
  - b. Unified Doubles
  - c. Junior Division Unified Doubles
  - d. Ramp Doubles (2-Game)
  - e. Ramp Unified Doubles
  
3. Team Events:
  - a. Team (2-Game or 3-Game)
  - b. Unified Team
  - c. Junior Division Unified Team
  - d. Ramp Team (2-Game)
  - e. Ramp Unified Team

# Other Information

## Coaches Hours:

**DON'T FORGET!** *please turn in your Coaches Hours.* Your assistance is greatly appreciated. By filling out your Coaches Hours, SOMO can benefit by tracking the number of hours you spend coaching our athletes, and we can turn in a dollar amount that would be paid to someone for coaching each hour. This amount is considered in-kind donation and it makes a big difference in our bottom line. Please log your time spent coaching athletes, travel to and from competition, and overnight stay here: <https://form.jotform.com/70874730826160>

## IMPORTANT DATES to REMEMBER

**Please note:** To ensure we provide an organized, high-quality experience for athletes, coaches, volunteers, and staff, the following **Due Dates are final and will be enforced.**

Item / Task / Information:	Due Date:	# Weeks Before SPT
Last Day to Hold Area Competitions to advance to WESTERN State Bowling	12/14/2025	3.9
Advance Area Games into WESTERN State Bowling in GMS	12/15/2025	3.7
Area staff - all scratches and changes made in GMS	12/8/2025	4.7
All Athlete Medicals and Coaches' Certifications	12/8/2025	4.7
WESTERN State Bowling Scheduling Begins	12/9/2025	4.6
WESTERN State Bowling Jotforms and Info	12/19/2025	3.1
Reports Sent to Area Staff	12/22/2025	2.7
Last Day to Cancel without Paying SGAs for WESTERN State Bowling	12/29/2025	1.7

## Competition:

- To be eligible to advance to State Bowling, athletes and Unified Partners must have bowled at the Area bowling tournament.
- There will be a \$15 State Games Assessment (SGA) fee for every bowler and Unified Partner participating in the State Tournament.
- Please plan accordingly since teams/agencies will likely have bowlers at different venues throughout the day. You may need extra chaperones and/or assistant coaches.
- When filling out the jotform to order meals, please be mindful of who will actually need a meal. If you have bowlers who will leave before lunch and/or arrive after lunch, please do not order a lunch for them to help us keep costs down.
- All SOMO bowling competitions will use scratch tournament rules. Handicapping will no longer be used. A minimum of 8 games should be used to determine an athlete's highest average bowling score.

- *You should bring your own ramps. All Athletes that use ramps must be registered as ramp bowlers as well as whether they are Assisted OR Unassisted. Failure to do so may result in being disqualified.*
- *Ramp Bowlers may bowl on Unified teams (if a ramp bowler is on a team it should be noted on the entry form).*
- *Ramp bowlers will not switch lanes unless they are bowling on a Regulation/Unified team or doubles.*
- *Ramp bowlers may only bowl 2 games at State.*
- *Athletes may bowl two (2) or three (3) games, but this shall be noted on their entry form.*
- *Bowlers will be allowed to enter ONLY one event.*
- *All athletes shall bowl a minimum average of 50 to be allowed to bowl in any three (3) game competitions at the state level.*
- *Athletes shall bowl three (3) games if they bowl in any Unified Sports event unless they are on a Junior Age Division team.*
- *No athlete may advance to State that bowls using bumpers at area level competition.*
- *If an athlete takes longer than two (2) hours to bowl three (3) games, then they may only bowl two (2) games.*
- *All Unified Sports Junior Age Division teams will bowl ONLY 2 games.*
- *Each team and doubles may have up to two (2) alternates. USBC rules will apply as the number of bowlers on a roster.*
- *Please refer to the SOMO Bowling Rules and SOI Bowling Rules for more information (links below)*

## **RULES and FORMS**

*Bowling-Specific Links are below. For more information regarding all our sports including rules, training videos, roster forms, etc. please go to <https://somo.org/sports/>*

### **Bowling**

*SOMO Bowling Rules:*

<https://somo.org/wp-content/uploads/2022/08/SOMO-Bowling-Rules-Updated-8-25-22.pdf>

*SOI Bowling Rules:*

[https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Bowling-Rules-2020-v2.pdf?\\_ga=2.41782116.79616945.1604422118-1556684118.1604422118](https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Bowling-Rules-2020-v2.pdf?_ga=2.41782116.79616945.1604422118-1556684118.1604422118)

*Bowling Entry Forms:*

<https://somo.org/wp-content/uploads/2022/08/Bowling-Entry-Forms-Updated-8-25-22.pdf>

*Bowling Event Definitions:*

<https://somo.org/wp-content/uploads/2020/09/BOWLING-Event-Definitions.pdf>