

**Softball Skills Assessment**

|                |       |                     |         |
|----------------|-------|---------------------|---------|
| Name:          | _____ | Athlete             | Partner |
| Jersey Number: | _____ | Coach's Name:       | _____   |
| Team Name:     | _____ | Evaluator's Name:   | _____   |
| Delegation:    | _____ | Date of Evaluation: | _____   |

**DO NOT COMPARE ATHLETES TO EACH OTHER**

- 0-1 Low Motor/Individual Skills/Team Skills
- 2-3 Grade School level player (Modified)
- 4-5 Junior High School level player (Reg/Mod)
- 6-7 High School level player (Regulation)
- 8 College level player (Unified/Regulation)

**Individual Assessment for Team Play**

**A. HITTING** (one choice should be the most representative of the athlete's ability)

- Athlete cannot hit a pitched ball (0)
- Athlete needs direction on proper stance, grip, and place to stand (1)
- Athlete will not swing at a pitched ball (2)
- Athlete exhibits proper stance and grip, knows place to stand, but does not usually make contact with the ball (3)
- Athlete occasionally makes contact, but is not familiar with what is a strike pitch (4)
- Athlete regularly makes contact, but does not hit the ball out of the infield (5)
- Athlete regularly makes contact and occasionally hits the ball to outfield (6)
- Athlete regularly makes contact and hits the ball with power and velocity (7)
- Athlete has the ability to place hit balls in opposite fields (8)

Score:

**B. FIELDING** (one choice should be the most representative of the athlete's ability)

- Athlete makes no attempt to field ball (0)
- Athlete can stop a ground ball but cannot catch a fly ball (1)
- Athlete is unable to make basic fielding plays (catching fly balls and/or grounders) (2)
- Athlete occasionally cleanly fields balls hit directly to them (3)
- Athlete cleanly fields balls hit directly to them three out of five times and attempts to field balls hit within three to four feet of them (4)
- Athlete occasionally fields balls hit within three to four feet of them (5)
- Athlete fields balls four out of five times when hit within three to four feet of them (6)
- Athlete routinely makes all basic plays (7)
- Athlete makes difficult plays (i.e. turning double plays, tracking deep fly balls, and fielding hard grounders) (8)

Score:

**C. BASE RUNNING** (one choice should be the most representative of the athlete's ability)

- Athlete does not run (0)
- Athlete does not run in proper direction without instruction (1)
- Athlete needs direction on when to run (2)
- Athlete understands when to run, but will only move forward one base without coaching (3)
- Athlete has a basic understanding of when to take more than one base (4)
- Athlete has a fair understanding of when to run, sometimes looks to the coach for cues and direction (5)
- Athlete has a good understanding of when to run, knows when to tag up and run (6)
- Athlete has a complete understanding of when to run, how many bases to take, and how to slide effectively (7)
- Athlete consistently able to pick-up and use the coach's direction (8)

Score:

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**D. GAME AWARENESS** (one choice should be the most representative of the athlete's ability)

- Athlete has no concept of the game (0)
- Athlete needs direct assistance in all facets of the game (1)
- Athlete needs frequent coaching in offense and defense (2)
- Athlete has understanding of the most basic game situations (3)
- Athlete has a fair understanding of what to do in most game situations, but still requires coaching (4)
- Athlete has a clear understanding of what to do in most game situations, requires little or no coaching (5)
- Athlete is able to make the play at hand, also recognizing other action occurring which may require attention-backing up other players, run down situations, etc (6)
- Athlete has a complete understanding of their role and teammates' roles (7)
- Athlete shows leadership by directing play on the field (8)

 Score: 
**E. THROWING** (one choice should be the most representative of the athlete's ability)

- Athlete is unable to throw (0)
- Athlete has difficulty throwing the ball from a stationary position (1)
- Athlete has difficulty throwing the ball on the run for any distance (2)
- Athlete can throw at least 10 feet from a stationary position (3)
- Athlete is able to throw the ball on the run a distance of at least ten feet (4)
- Athlete regularly make throws of at least 25 feet (5)
- Athlete regularly makes accurate throws of up to 25 feet (6)
- Athlete regularly makes accurate throws within infield or from the outfield to a cut-off (7)
- Athlete regularly throws the ball accurately to any other position or player on the field, with speed and velocity (8)

 Score: 
**F. PITCHING** (one choice should be the most representative of the athlete's ability)

- Athlete cannot pitch a ball (0)
- Athlete cannot pitch a ball the proper distance (at least 39 feet) (1)
- Athlete has the right distance, but is consistently unable to get the ball over the plate for a strike (2)
- Athlete throws more balls than strikes (3)
- Athlete occasionally throws the ball in the strike zone, but without the correct arch (4)
- Athlete frequently throws the ball in the strike zone, but without the correct arch (5)
- Athlete occasionally throws quality pitches for strikes showing the proper technique and delivery (6)
- Athlete frequently throws quality pitches for strikes showing the proper technique and delivery (7)
- Athlete consistently throws quality pitches for strikes showing the proper technique and delivery, mixing pitches to adjust to batter and count (8)

 Score: 
**G. CATCHING** (one choice should be the most representative of the athlete's ability)

- Athlete cannot catch a ball (0)
- Athlete does not attempt to catch a ball (1)
- Athlete has difficulty catching most thrown balls (2)
- Athlete is able to catch balls thrown or hit directly to them (3)
- Athlete can catch some off target balls (5)
- Athlete can occasionally catch thrown or hit within two to three feet of their starting position (6)
- Athlete frequently catches hit or thrown balls requiring movement from their original fielding position (7)
- Athlete regularly catches balls requiring movement, with exceptional speed to track balls and the ability to leap high to catch rising line drives (8)

 Score: 

 Total Score: 

(Maximum Score = 56)

 DIVIDE **TOTAL SCORE** BY 7 TO DETERMINE OVERALL RATING (round off to the nearest tenth i.e. 4.97 = 5.0)

**OVERALL RATING:**