



Special Olympics

Missouri

Volleyball

The Official Special Olympics Sports Rules shall govern all Special Olympics volleyball competitions. As an international sports program Special Olympics has created these rules based upon Federation Internationale de Volleyball (FIVB) and the rules of each individual country's National Governing Body (NGB). Special Olympics Missouri follows the MSHSAA Rules(NGB).FIVB or NGB Rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules. In such cases, the Official Special Olympics Sports Rules shall apply.

A. Events offered by Special Olympics Missouri

1. Individual Skills Volleyball
2. Team Skills Volleyball
3. Modified Team Volleyball
4. Regulation Team Volleyball
5. Unified Sports Volleyball
6. Unified-Modified Volleyball

B. Special Olympics Missouri Rules

The following rules pertain to ALL Volleyball:

1. Special Olympics Missouri will follow all rules pertaining to the Libero Player in the Official Special Olympics Sports Rules for those teams who want to use Libero Players. It is not required for teams to use Libero Players.
2. ALL levels of volleyball will use rally scoring

The following rules pertain to Unified Sports® Volleyball:

1. The service order and position of the players on the court shall be at the discretion of the coach.
2. Once a server has scored three consecutive points, his/her team shall rotate to the next server and continue to serve.

The following rules pertain to Modified and Unified-Modified Volleyball:

1. The service may move up to 10 feet closer to serve the ball for Modified and for Unified-Modified teams.

The following rules pertain to Unified-Modified Volleyball:

1. The object is to help athletes to learn the game. Coaches should make every effort to play the athletes as much as possible. If it is deemed that a team is using this division to do anything else, the team may forfeit and there may be further sanctions.
2. All games will be played using alternative rules.
 - a. The serving order and positions on the court, at service shall be an alteration of athletes and partners.
 - b. Each player is allowed 2 attempts to serve the ball. Once they make a good serve, they are only allowed one attempt for each point thereafter during that service. Unified Partners are allowed two attempts as well.
 - c. Once a server has served 3 consecutive points, the serving team shall rotate to the next server.
 - d. There shall be free substitution in Unified-Modified Volleyball.
 - e. Unified Partners shall be treated the same as athletes in the Unified Modified Division of Volleyball.
3. Rosters MAY consist of equal numbers of athletes and partners, however partners MAY NEVER outnumber athletes.
4. Teams DO NOT have to be of equal abilities or similar ages.
5. SOMO shall use Lite-Flite Volleyballs in both the Modified and Unified-Modified Divisions of Volleyball.

C. Competition Uniforms

1. All volleyball teams shall wear the MSHSAA approved uniforms.
2. ALL individual skills competitors shall wear any short that conforms to the Competition Uniforms Rules or sweatpants, a T-shirt, tank-top, or sweatshirt, and any footwear that conform to the Competition Uniforms Rules