

MEDIA ALERT



FOR IMMEDIATE RELEASE:

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2025 ST. JOSEPH POLAR PLUNGE RESCHEDULED DUE TO WEATHER

ST. JOSEPH - Due to the current weather conditions and the forecasted weather conditions for Saturday, February 15, the 2025 St. Joseph Polar Plunge has been rescheduled to Saturday, March 22, 2025.

The event will still take place at St. Joseph Aquatic Park (402 S. Noyes Blvd.), with registration beginning at 11:00 AM and the plunge starting at 1:00 PM. All registrations and donations will carry over to the new date.

The safety of our participants, volunteers, and spectators is our top priority. Given the expected weather conditions, we made the decision to reschedule to ensure a safe and enjoyable experience for everyone involved.

The Polar Plunge is a unique fundraising event supporting Special Olympics Missouri, where participants take a cold dip to benefit athletes with intellectual disabilities.

For more information and updates, or to register, visit PlungeMO.org or contact Melody Prawitz at (816) 233-6232 or prawtiz@somo.org.

Special Olympics Missouri

Special Olympics Missouri (SOMO) is a year-round program of sports training and athletic competition for children and adults with intellectual disabilities. Thousands of athletes participate in 13 Olympic-type sports throughout the state. SOMO provides people with intellectual disabilities continuing opportunities to develop physical fitness, demonstrate courage, and experience joy as they participate in the sharing of gifts and friendship with their fellow athletes, their family and friends, and communities across Missouri.

SOMO is proud of our financial health, returning 83% of every dollar back to program services. We are privileged to be recognized with these honors: Better Business Bureau A+ Charity Accreditation, Guidestar Gold Level and Charity Navigator 4-star rating. Special Olympics was also recently named Morning Consult's No. 5 most trusted nonprofit.

Thank you for trusting us with your donations, volunteer time and your goodwill.

Visit Special Olympics Missouri at www.somo.org. Engage with us on [X](#), [Instagram](#), [Facebook](#), [Tik-Tok](#), [Threads](#), [LinkedIn](#) and [YouTube](#).

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