



2024 SW Area GOLF

DATES / LOCATIONS

AREA TOURNAMENT – Monday, August 5th

Tee Time: 8:00 AM sharp – please arrive between 7:15-7:30AM to check in.

Location: Carthage Golf Course-

2000 Richard Webster Drive, Carthage, MO 64836

Teams must provide a golf cart driver for each golfer. Driver must be at least 18 years of age, complete a Class A Form and complete the Golf Cart Risk Management Guidelines form. Athletes can NOT drive carts.

Lunch will be provided. Bring snacks and beverages to take with you on your cart.

PHYSICALS, CLASS A FORMS, UNIFIED PARTNER FORMS, & REGISTRATION DEADLINE: July 9th.

New and renewing athletes MUST complete the online process at <https://somo.org/compete/> and use the SOMO physical form to take to their doctor to complete.

COMPETITION OFFERED:

Level 1 - Individual Skills Competition

Level 2 - Alternate Shot Team Play Competition (9 hole)

Level 3 - Alternate Shot Unified Sports Team Play (18 hole)

Level 4 - Individual Stroke Play Competition (9 hole)

Level 5 - Individual Stroke Play Competition (18 hole)

SOMO State Outdoor Games

DATE: October 11-13th

LOCATION: Jefferson City, MO

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Please direct any questions to: Jesse Williams, Program Manager

E-mail: jwilliams@somo.org

GOLF

Please be sure to review a complete list of current rules at www.somo.org

The Official Special Olympics Sports Rules shall govern all Special Olympics Golf competitions. As an international Sports Program, Special Olympics has created these rules based upon The Rules of Golf as approved by the Royal and Ancient Golf Club of St. Andrews (R&A) and the United States Golf Association (USGA). These rules shall govern all competition except when in conflict with the Official Special Olympics Sports Rules. In such cases, the Official Special Olympics Sports Rules shall apply.

A. Events offered by Special Olympics Missouri

1. Level 1 – Golf Individual Skills
2. Level 2 – Unified Sports Alternate Shot Team Competition (9-hole)
3. Level 3 – Unified® Sports Alternate Shot Team Competition (18-hole)
4. Level 4 – Individual Stroke Play Competition (9 hole)
5. Level 5- Individual Stroke Play Competition (18 hole)

B. Special Olympics Missouri Rules

1. All golfers must have an average of 65 or less to compete in Levels 2 and 3.
2. SOMO will allow athletes to play 18-hole alternate shot golf with a maximum q-score of 110.
3. SOMO will eliminate the Pitch Shot as an Individual Skill and only have 5 Individual Skills.

C. Competition Uniform

1. Golfers **must** wear a clean-collared shirt without holes.
2. Golfers may wear clean shorts or blue jeans without holes. Slacks or dress shorts are recommended.
3. Golfers may **ONLY** wear soft spikes.

PHYSICALS

ALL COACHES MUST ARRIVE AT THE EVENT WITH THEIR ATHLETES' PHYSICALS. IF AN ATHLETE DOES NOT HAVE A PHYSICAL ON SITE, THEY WILL NOT BE ABLE TO PARTICIPATE!

Please note:

***The athlete and UP play one ball, so they should just submit one score for the pair.

- Please be ready to tee off promptly at 8:00 AM with your clubs and **bring a water bottle and sunscreen**. Feel free to bring snacks.
- At area, we will allow carts to be used. **NO ATHLETE IS ALLOWED TO DRIVE THE CART.**
- ALL stroke play golfers will play from **the women's tee boxes on all holes**.
- If a player(s) cannot find a golf ball after one minute of searching, the player(s) must take a one-stroke penalty and play a new ball from the approximate location of the lost ball.
- Players, PLEASE keep your group moving.
- LEVEL II is played in alternate shot format. Players will **alternate tee shots** and then take turns hitting the same ball after teeing off. There will be only one ball in play for the two-person team. Scores for rosters should be submitted this way (one score per pair).
- For LEVELS II through IV - If 10 strokes are played without holing the ball; the player(s) must pick up the ball and record a "10x" as the score. **Please remember that a swing and a miss counts as one stroke.**
- Athletes should be taught to keep score, and whenever possible in competition, serve as a marker for a fellow competitor. Both players on the team should verify their team's hole-by-hole scores, and one player (preferably the athlete) shall sign the scorecard.
- Players must provide their own equipment. If you have a staff member, family member or someone who is planning on driving the cart, please indicate on the registration form so we can plan accordingly for volunteers. Athletes can NOT drive carts and all cart drivers must sign the Golf Cart Risk Management Guidelines.

AWARDS will be presented once all players in a division are finished with play.

Coaches Check List for Events

Coaches Check List for Area Events:

- Coaches Packet reviewed – put due dates and event date/location on calendar
- Read sports rules: <https://somo.org/SportsOffered> – contact area program manager with any questions
- Certification for all coaches completed – including sports specific quiz
- Practice schedule set
- Complete skills assessments and qualifying scores in the first few practices for your roster submission
- Communicate with families (practices, expectations, code of conduct and competition date & location)
- Engage other volunteers/parents to assist you as needed
- Physicals and releases for NEW athletes submitted: Deadline (in packet) _____
- Updated physicals for athletes with expired physicals submitted: Deadline (in packet) _____
- Unified Partners form and Class A's submitted: Deadline (in packet) _____
- Class A's for coaches, chaperones, team volunteers submitted: Deadline (in packet) _____
- Rosters submitted: Deadline (in packet) _____
- Buddy List (if applicable) submitted: Deadline (in packet) _____
- Info Sheet submitted: Deadline (in packet) _____
- If an athlete or Unified Partner is under age 18 competing with a team that is in Master/Sr. Master, they will need to complete a Master's Division Release form and submit it to your Area Program Staff.
- Team travel arrangements made
- Communicate with families (event schedule, competition attire, bring a water bottle, lunch/money if needed, review the code of conduct and any info they need to know such as bus departure/return times)
- Determine if team/athletes will advance to regional/state competition and provide information to area program manager
- Copies of physicals in notebook or on google drive to take to event
- Supplies to take: uniforms, sports equipment, first aid kit, medications, sunscreen, blankets, snacks, water, team tent, etc.

Day of Event:

- Physicals Notebook – must have these at the event!
- Load supplies needed
- Depart on time
- Check in at coaches table upon arrival and turn in scratches
- Enjoy the day and be a great role model for all athletes

Post Event if not advancing to regional/state:

- Submit all coaches hours at <https://somo.org/coachhours>
- Provide feedback to your area program manager about the event
- Thank your school administrators, volunteers and parents
- If you do awards banquets/recognition be sure to get medal placement, scores, etc. from athletes or your team volunteers
- **Celebrate your team/athletes success and YOUR Success!**

Coaches Checklist (if advancing to regional/state):

- Review physical list for any expiring before the next competition (all expiring physicals MUST be submitted 2 weeks prior to event)
- Visit <https://somo.org/Competitions> to find additional event details on State Events
- Review the Coaches Handbook prior to the event for details
- Check ID Badges – submit photos for new athletes to program manager
- Confirm athlete/UP attendance with Area Program Manager
- Engage other volunteers/parents to assist you as needed
- Class A forms submitted: Deadline _____
- Complete JOT form: Deadline _____
- Make travel arrangements
- Download the mobile app to receive updates throughout the event
- Communicate with families on event details families (event schedule, competition attire, bring a water bottle, lunch if needed, items to pack, review the code of conduct, how families can download the mobile app to get information throughout the weekend and info they need to know such as bus departure/return times)
- If this is your first time attending a Regional or State event, contact your Area Program Manager and we can connect you with a “seasoned” coach if you would like!
- Attend the coaches meeting so you can have current information
- Pick up your coaches packet at designated time/location
- Encourage your athletes to attend the Healthy Athlete Screenings if available (these are FREE)
- Enjoy the event and be a great role model for all athletes

End of Season

- Submit all coaches hours at <https://somo.org/coachhours>
- Provide feedback to your area program manager about the event
- Thank your school administrators, volunteers and parents
- If you do awards banquets/recognition be sure to get medal placement, scores, etc. from athletes or your team volunteers
- **Celebrate your team/athletes success and YOUR Success!**

Other helpful tips for organization:

- Save your physicals and **all forms** on a google drive so you can access them at any time and this allows other coaches to access to them. This is helpful in the event your teams are playing in different locations or are traveling at different times. You can also keep your coaches and chaperones contact info on the drive. Some teams set up folders by sports in the google drive and add each athlete and all paperwork relevant to that sport. Then share the folder with the coaches for that sport.
- If your team plans on attending Regional and State events, take a picture of any new athlete/unified partner when they submit their paperwork. You will not have to track them down for that later and you can send it to your Area Program Staff so they can get the ID badge made in advance of the event.

Teams must provide cart drivers for their athletes must have the driver complete this form and submit the form at volunteer check in. Carts not provided for parents/spectators.

SPECIAL OLYMPICS

GOLF CART/GATOR RISK MANAGEMENT GUIDELINES

The following risk management recommendations should be followed while using golf carts:

- Do not allow unauthorized individuals to borrow the cart.
- Do not allow minors to operate the golf cart under any circumstances.
- Each operator of a cart should have a valid driver's license.
- All operators should familiarize themselves with the controls - key starter, accelerator, brakes, reverse, and steering.
- The number of passengers allowed on the cart should be restricted to the number of seats available on the cart. Most carts are designed for a driver and one passenger.
- Do not allow anyone to drive the cart while taking medication that results in drowsiness or inability to concentrate.
- The carts should not be operated by anyone while drinking an alcoholic beverage, and should never be operated by an intoxicated driver.
- The operator should understand the weather conditions. If the weather is bad, the operator should adjust his / her speed when necessary. The operator should allow for extra stopping distance on wet surfaces or icy surfaces.
- The operator should always operate the cart in a defensive manner. The operator should never assume that he / she has the right of way. Pedestrians should be approached with caution and should be made aware of the operator's presence - a horn or bell may be appropriate. The operator should be aware of and react properly to bicyclists and motor vehicles.
- The cart should never be operated on public roads, unless it is only to cross. All traffic signals and right of way rules should be obeyed. All turns should be properly signaled and directions checked before a turn is made or before entering an intersection.
- When approaching public roads, the operator should slow down and stop before entering or crossing the road. All approaches to an intersection should be checked twice before crossing. The operator should be aware that the cart does not accelerate as quickly as most vehicles. Extra time should be allowed when crossing an intersection.
- Caution should be used when going downhill; reduce the speed, be prepared to brake, and avoid sharp turns.

ATHLETES are NOT allowed to drive golf carts.

I have read, understand and will abide the above Golf Cart/Gator Guidelines.

Print Name

Signature

Date

Updated 4/15/2020



Special Olympics Missouri

GOLF TOURNAMENT ENTRY FORM

Agency Name & Code: _____ Area: _____
 Head Coach Name & Cell Phone # _____ () _____
 Email Address: _____ City/Zip: _____
 Assistant Coach Name & Cell Phone # _____ () _____

Alternate Shot Pairs MUST be listed consecutively on this form and use their score from alternate shot play (one score per pair)

Golfer's Name	Birth Date	Gender	Athlete or Unified Partner	Level of Play (enter: 1,2,3,4, or 5)	Level 1 Scores for INDIVIDUAL Skills						Levels 2,3, 4,5	Need SOMO to provide a Cart Driver (athletes cannot drive cart)	
					Short Putt	Long Putt	Chip Shot	Pitch Shot	Iron Shot	Wood Shot			Avg. Score

Do your players plan to compete at State Outdoor Games? _____ Yes _____ No