

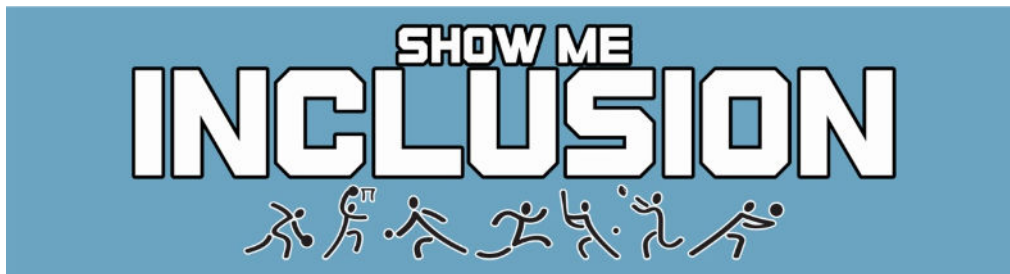


January Newsletter



Start second semester strong with ideas to make your school more inclusive!

Check out this video to see the impact of Inclusive Youth Leadership in the lives of two Missouri students.



Resources for Students to Campaign for Inclusion on Your Campus

First, fill out the midterm survey below to receive a **free** Spread the Word Inclusion banner for students to sign and display. This survey data helps SOMO make decisions about how to best support you and your students and helps us secure grant funding to provide these free resources.

SPREAD THE WORD INCLUSION

Special Olympics Missouri

Special Olympics Unified Champion Schools®

Inviting a friend to the next Unified basketball game

Creating opportunities for inclusive activities in my school or community

Celebrating our differences

Looking out for the lonely

Ending the use of the R-word

I Pledge To Spread INCLUSION by...

Respecting the unique abilities of everyone

Being brave to take action and lead the change

Being a friend

Looking out for the bullied

Standing up for ourselves and others

Sitting next to someone alone at lunch

Giving everyone a voice

Looking out for the isolated

[Click Here to Complete the Midterm Survey for Free Banner](#)

Next, order t-shirts and bracelets for your students. T-shirts come in 12 different colors to match your school's spirit and we recommend charging \$10 to cover shipping. Orders due Sunday, Feb 5th to ensure delivery before Inclusion Week (Feb 27th - March 3rd). Don't miss out on this opportunity for your students to campaign to Spread the Word Inclusion!



[Shop Missouri's Spread the Word Inclusion Store](#)

[Learn More About the Annual Campaign to Spread the Word Inclusion](#)

Highlights from the Past Month



[Missouri School for the Deaf visited the Training For Life Campus](#)



[Mexico and Moberly Competed at the Norm Stewart Classic](#)



[Tipton Students Worked on Unified Sports and Inclusive Youth Leadership using the IYL Facilitators Guide](#)



[Fulton High School Student Council \(#MASC\) executed another successful Young Athletes Program](#)



[Saint Louis University's Special Olympics Club hosted a Winter Ball for 80 Local Athletes](#)



[BOKS is a Free Physical Activity Program for Kids of All Ages and Abilities](#)

The BOKS program includes lesson plans, training, and support needed to get kids moving for up to 45 minutes a day. It also includes shorter movement breaks, games, and

SCHOOL OF CHARACTER *Award*

Special Olympics Missouri is proud to recognize Missouri Association of Student Councils member schools for their efforts to be inclusive through Unified sports, inclusive youth leadership, whole school engagement and fundraising. Awards include MASC Summer Leadership Conference scholarships and up to \$250 toward your schools Unified sports event!



Special Olympics
Unified Champion
Schools

CONTACT US

Emma Thomas
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573-469-7832

Application is due
Jan. 25 and is
located at:

www.masc1.org/charity-of-choice



Unified Esports is Here!

The Special Olympics Unified esports Spring season is quickly approaching! Join schools across the country already competing on the PlayVS Platform (pronounced 'Play Versus'), and enable your students to do what they love by providing them with opportunities to earn recognition while developing priceless critical thinking and interpersonal skills. The league is offered to all Special Olympics Unified Champion Schools® for **FREE**.



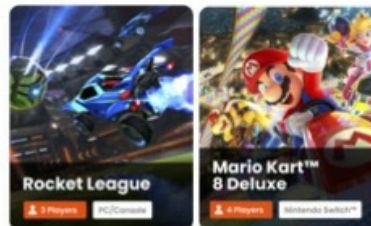
Schedule:

- Registration deadline: 2/10/23
- Preseason: 1/30/23
- Regular Season: 2/13/23
- Playoffs & Finals 4/12 - 4/27/23

Leagues (Schools can choose League time)

- Mario Kart™ 8 Deluxe – Wednesdays
 - East League, 4 pm EST
 - West League, 4 pm MST
- Rocket League – Thursdays
 - East League, 4 pm EST
 - Central League, 4 pm CST
 - West League, 4pm MST

Unified Game Titles:



More details on the Spring Season can be found [HERE](#)



Message from me:

When I was a student my school implemented Unified Bocce and athletes and Unified Partners primarily worked together during one month out of the year. When I started teaching for the same district we had a goal to be more inclusive by implementing all three components of the Unified Champion Schools strategy. We started a [Unified Club](#) to provide opportunities for inclusive youth leadership and to strengthen athlete and Unified partner relationships. The club met monthly during the school day and had co-leadership opportunities for students of all abilities. Students took the opportunity to plan inclusive events like a Unified Valentines party and Spread the Word >> Inclusion Day and because they took the lead they were completely bought in to making it the most fun. The results were phenomenal relationships between athletes and Unified Partners, students

Join the Generation Unified App

from Special Olympics Unified Champion Schools®

What: A new way for Unified Champion School students to engage with social-emotional learning skills from their phones!

How: Work with your Special Olympics Program to "opt-in" your school. Then you will receive tutorial videos and other information so your students can enjoy and you can oversee their engagement.

Features Include: Challenges to play, Inclusion Tiles, Leaderboards, Connecting with Friends

Try the app for yourself before opting-in your school! Access it through one of the ways below. When you register, select "no" for the "Do You Go to a UCS?" question.



Look for this logo in your app store!



Scan this QR Code!

Email Shelby Ryan (sryan@specialolympics.org) with any questions!

who loved coming to school, and parents who were thrilled that their kids had friends. A Unified Club or other inclusive student group that meets monthly is one of the 10 Standards of Excellence demonstrated by Schools Receiving National Banner Status. Please reach out if you'd like more information on starting a Unified Club at your school!

Emma Thomas
thomas@somo.org
918-469-7832



Click Here for [Upcoming Events](#) in Your Area

MISSOURI ASSOCIATION OF STUDENT COUNCILS' INCLUSION REVOLUTION

Friday, March 17th 2023 from 1:30pm-4:15pm
Jefferson City High School Football Stadium

Special Olympics Missouri athletes of all ages and abilities are invited to come play bocce, Zumba and participate in inclusive team building activities during the MASC's 75th Annual Convention.

Register at <https://form.jotform.com/223534763931055> by Feb 24th. Contact Emma Thomas, thomas@somo.org with questions.

Special Olympics Missouri logo and Special Olympics Unified Champion Schools logo are present. A QR code labeled "SCAN TO REGISTER" is also included.

- RSVP now for the Unified Champion Schools 3v3 Unified basketball tournament at our Training for Life Campus in Jefferson City on February 3rd and 17th. Roster due by January 13th.
- [Unified 3v3 Basketball Roster](#)
- [SOMO 3v3 Basketball Rules](#)
- [SOMO 3v3 Basketball Training Video](#)
- Save the date for the 2023 **Spread the Word Inclusion** campaign. Your students can plan an inclusion week February 27th- March 3rd or opt for a banner signing event on Wednesday, February 1st. [Start brainstorming!](#)

Visit Our Website to Learn How to Become a Unified Champion School

Visit Generation Unified for Free Lessons and Videos



Special Olympics
Unified Champion Schools®



Questions? Want to share inclusive ideas from your school? Contact us at ucs@somo.org.