

Basketball Skills Assessment

Name: _____	Athlete _____	Partner _____
Jersey Number: _____	Coach's Name: _____	_____
Team Name: _____	Evaluator's Name: _____	_____
Delegation: _____	Date of Evaluation: _____	_____

DO NOT COMPARE ATHLETES TO EACH OTHER

0-1 Low Motor/Individual Skills/Team Skills	2-3 Grade School level player (Modified)
4-5 Junior High School level player (Reg/Mod)	6-7 High School level player (Unified/Regulation)
8 College level player (Unified/Regulation)	

Individual Assessment for Team Play

A. BALL HANDLING (one choice should be the most representative of the athlete's ability)

- No understanding of the dribbling concept (0)
- Understands the concept, but cannot sustain the skill for multiple dribbles (1)
- Can maintain consecutive dribbles, but not on a consistent basis (2)
- Standing still, can dribble for sustained period and pick up dribble under control (3)
- Can legally dribble the length of the court unguarded with dominant hand only (4)
- Can legally dribble the length of the court unguarded with both hands (5)
- Has ability to go either direction on the dribble (6)
- Has ability to beat the defender regularly with dominant hand (7)
- Has ability to beat the defender regularly with both hands (8)

Score: _____

B. PASSING (one choice should be the most representative of the athlete's ability)

- Does not understand the concept of passing/refuses to pass the ball in a drill (0)
- Can simulate the motion of a chest or bounce pass, but not usually successful in performing the skill (1)
- Can complete a pass to a teammate in a stationary drill, but not in a game atmosphere (2)
- Can complete a pass to a teammate in a moving drill, but has difficulty in a game atmosphere (3)
- Can only complete a pass to teammate after looking directly at him/her (4)
- Can sometimes make a pass to an open teammate with token pressure (5)
- Has ability to choose the best type of pass (bounce, chest, skip, other) (6)
- Has ability to complete a no look or quick pass to an open teammate (7)
- Controls game with ability to complete an advanced pass (no look/snap pass) to an open player (8)

Score: _____

C. MOVEMENT (one choice should be the most representative of the athlete's ability)

- Will not move unless coach physically moves athlete into position (0)
- Can move independently, but does not understand when/where to move in game conditions (1)
- Can move independently, but has limited mobility and usually only plays on one end of the court (2)
- Able to move in game conditions with repeated instructions from the bench (3)
- Moves only 1-2 steps toward ball or opponent (4)
- Moves toward ball; but reaction time is slow and only in a limited area of the floor (5)
- Movement permits adequate court coverage (6)
- Good court coverage; reasonably aggressive (7)
- Great court coverage; aggressive anticipation (8)

Score: _____

Basketball Skills Assessment

D. GAME AWARENESS (one choice should be the most representative of the athlete's ability)

- Does not understand two-way basketball - only interested in shooting when in control of the ball (0)
- Can play both ends of the court but only with excessive prompting from the bench (1)
- Sometimes confused on offense and defense; may shoot at the wrong basket (2)
- Can play in a fixed position as instructed by coach; may go after an occasional loose ball (3)
- Has little or no concept of defense and will only play offense (4)
- Limited understanding of the game and can run some offensive and defensive sets - coach prompted (5)
- Limited understanding of the game and can run some offensive and defensive sets without prompting (6)
- Moderate understanding of the game, some off and def sets and can occasionally fast break (7)
- Advanced understanding of the game and mastery of basketball fundamentals (8)

 Score:
E. SHOOTING (one choice should be the most representative of the athlete's ability)

- Cannot shoot the ball high enough to make a basket on a 10 foot rim (0)
- Can only make a set shot from within the lane; does not have the necessary skill to do a lay-up (1)
- Periodically can make an uncontested lay-up (2)
- Can make shots inside of lane and occasionally attempts a mid range jump shot (3)
- Can make shots inside the lane (4)
- Can make some mid range jump shots (5)
- Can make some mid range jump shots and will attempt shots beyond 15' (6)
- Has excellent shooting form and makes shots from all ranges on court (7)
- Can create his/her own shot while being closely guarded (8)

 Score:
F. REBOUNDING (one choice should be the most representative of the athlete's ability)

- Does not understand the concept of rebounding; will not retrieve a missed shot (0)
- Can retrieve a loose ball, but does not jump for it (1)
- Gets rebounds only when they come directly to him/her on the floor (2)
- Goes after loose balls within 3 to 4 steps, but does not jump for the ball (3)
- Attempts to rebound a ball by jumping (4)
- No understanding of rebounding positions or principles, often beaten to a missed shot (5)
- Attempts to rebound on both offensive and defensive ends of the court (6)
- Aggressively goes after rebounds, gets many (7)
- Exceptional ability to get to missed shots on both sides of the basket and either side of the court (8)

 Score:

 Total Score:

(Maximum Score = 48)

 DIVIDE **TOTAL SCORE** BY 6 TO DETERMINE OVERALL RATING (round off to the nearest tenth i.e. 4.97 = 5.0)

OVERALL RATING: _____