



Basketball Skills Assessment

Name: Athlete Partner
Jersey Number: Coach's Name:
Team Name: Evaluator's Name:
Delegation: Date of Evaluation:

DO NOT COMPARE ATHLETES TO EACH OTHER

- 0-1 Low Motor/Individual Skills/Team Skills
2-3 Grade School level player (Modified)
4-5 Junior High School level player (Reg/Mod)
6-7 High School level player (Unified/Regulation)
8 College level player (Unified/Regulation)

Individual Assessment for Team Play

A. BALL HANDLING (one choice should be the most representative of the athlete's ability)
No understanding of the dribbling concept (0)
Understands the concept, but cannot sustain the skill for multiple dribbles (1)
Can maintain consecutive dribbles, but not on a consistent basis (2)
Standing still, can dribble for sustained period and pick up dribble under control (3)
Can legally dribble the length of the court unguarded with dominant hand only (4)
Can legally dribble the length of the court unguarded with both hands (5)
Has ability to go either direction on the dribble (6)
Has ability to beat the defender regularly with dominant hand (7)
Has ability to beat the defender regularly with both hands (8)
Score:

B. PASSING (one choice should be the most representative of the athlete's ability)
Does not understand the concept of passing/refuses to pass the ball in a drill (0)
Can simulate the motion of a chest or bounce pass, but not usually successful in performing the skill (1)
Can complete a pass to a teammate in a stationary drill, but not in a game atmosphere (2)
Can complete a pass to a teammate in a moving drill, but has difficulty in a game atmosphere (3)
Can only complete a pass to teammate after looking directly at him/her (4)
Can sometimes make a pass to an open teammate with token pressure (5)
Has ability to choose the best type of pass (bounce, chest, skip, other) (6)
Has ability to complete a no look or quick pass to an open teammate (7)
Controls game with ability to complete an advanced pass (no look/snap pass) to an open player (8)
Score:

C. MOVEMENT (one choice should be the most representative of the athlete's ability)
Will not move unless coach physically moves athlete into position (0)
Can move independently, but does not understand when/where to move in game conditions (1)
Can move independently, but has limited mobility and usually only plays on one end of the court (2)
Able to move in game conditions with repeated instructions from the bench (3)
Moves only 1-2 steps toward ball or opponent (4)
Moves toward ball; but reaction time is slow and only in a limited area of the floor (5)
Movement permits adequate court coverage (6)
Good court coverage; reasonably aggressive (7)
Great court coverage; aggressive anticipation (8)
Score:

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**D. GAME AWARENESS** (one choice should be the most representative of the athlete's ability)

- Does not understand two-way basketball - only interested in shooting when in control of the ball (0)
- Can play both ends of the court but only with excessive prompting from the bench (1)
- Sometimes confused on offense and defense; may shoot at the wrong basket (2)
- Can play in a fixed position as instructed by coach; may go after an occasional loose ball (3)
- Has little or no concept of defense and will only play offense (4)
- Limited understanding of the game and can run some offensive and defensive sets - coach prompted (5)
- Limited understanding of the game and can run some offensive and defensive sets without prompting (6)
- Moderate understanding of the game, some off and def sets and can occasionally fast break (7)
- Advanced understanding of the game and mastery of basketball fundamentals (8)

 Score: 
**E. SHOOTING** (one choice should be the most representative of the athlete's ability)

- Cannot shoot the ball high enough to make a basket on a 10 foot rim (0)
- Can only make a set shot from within the lane; does not have the necessary skill to do a lay-up (1)
- Periodically can make an uncontested lay-up (2)
- Can make shots inside of lane and occasionally attempts a mid range jump shot (3)
- Can make shots inside the lane (4)
- Can make some mid range jump shots (5)
- Can make some mid range jump shots and will attempt shots beyond 15' (6)
- Has excellent shooting form and makes shots from all ranges on court (7)
- Can create his/her own shot while being closely guarded (8)

 Score: 
**F. REBOUNDING** (one choice should be the most representative of the athlete's ability)

- Does not understand the concept of rebounding; will not retrieve a missed shot (0)
- Can retrieve a loose ball, but does not jump for it (1)
- Gets rebounds only when they come directly to him/her on the floor (2)
- Goes after loose balls within 3 to 4 steps, but does not jump for the ball (3)
- Attempts to rebound a ball by jumping (4)
- No understanding of rebounding positions or principles, often beaten to a missed shot (5)
- Attempts to rebound on both offensive and defensive ends of the court (6)
- Aggressively goes after rebounds, gets many (7)
- Exceptional ability to get to missed shots on both sides of the basket and either side of the court (8)

 Score: 

 Total Score: 

(Maximum Score = 48)

 DIVIDE **TOTAL SCORE** BY 6 TO DETERMINE OVERALL RATING (round off to the nearest tenth i.e. 4.97 = 5.0)

**OVERALL RATING:** \_\_\_\_\_