



# SPECIAL OLYMPICS MISSOURI

## Kansas City Metro Area

# NEWSLETTER

JULY 2022

### Message from Program Director Meg Ward

Summer is in full swing! Sports Camp, Clinics, Area Tournaments, & more! Be sure to join the “Special Olympics Missouri - KC Metro” Facebook page to learn about upcoming events and opportunities.



### HIGHLIGHTS

We have enjoyed several fun clinics this Summer, including a Tennis Clinic in partnership with Genesis Health Club and a Pickle Ball Clinic in partnership with Chicken N’ Pickle.

It is really my heart to expand opportunities available for athletes in the KC Metro area. We are busy dreaming and creating over here. MORE coming your way soon. Stay tuned!

- July 16: “Creative Movement Dance Clinic”

Click here to Register: <https://form.jotform.com/221644732488058>

I had the privilege of attending Sports Camp in Jeff City for a couple of days. I would HIGHLY encourage you to take advantage of this opportunity next Summer. Take a look at SOMO’s social media pages. All smiles and endless new experiences!



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*“You may not have chosen your surroundings, but you can choose to find life in them.”*

*- Morgan Harper Nichols*

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### AREA UPDATES

We have several Area Tournaments coming up in July, including Area Softball, Area Tennis, and Area Flag Football. Interested in volunteering? Please check out the link below! SOMO couldn’t begin to do what we do without the incredible support of our volunteers! Your “yes” is so significant!

<https://somo.volunteerhub.com/lp/kcmetro/?format=0&filter={}>



## UPCOMING EVENTS

- July 9 – KC Metro/ North Area Softball Tournament
- July 21 – KC Metro/ North Area Tennis Tournament
- July 30 – KC Metro/ North Area Flag Football Tournament
- August 3 – KC Metro/ North Area Golf Tournament
- August 13 – KC Metro/ North Area Bocce Tournament
- August 27 – Regional Softball (Lee’s Summit, MO)
- October 7- October 9 – State Outdoor Games (Jefferson City, MO)

## IMPORTANT RESOURCES

- SOMO Coach Training Videos: <https://somo.org/trainingvideos/>
- Bocce Rules: <https://somo.org/wp-content/uploads/2020/09/Bocce-Rules-SOMO.pdf>
- Flag Football Rules: [https://media.specialolympics.org/resources/sports-essentials/other-sports/Flag-Football-Rules.pdf?\\_ga=2.227518941.1526695534.1572377570-135561889.1571931120](https://media.specialolympics.org/resources/sports-essentials/other-sports/Flag-Football-Rules.pdf?_ga=2.227518941.1526695534.1572377570-135561889.1571931120)
- Golf Rules: <https://somo.org/wp-content/uploads/2020/09/GOLF-Rules-SOMO.pdf>
- Softball Rules: [https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?\\_ga=2.62106858.79616945.1604422118-1556684118.1604422118](https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?_ga=2.62106858.79616945.1604422118-1556684118.1604422118)
- Tennis Rules: <https://somo.org/wp-content/uploads/2020/09/Tennis-Rules.pdf>

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