



SPECIAL OLYMPICS MISSOURI

Central Area

NEWSLETTER

June

Message from Program Director Tim Schuster

Hope all of you are having a great summer. Stay cool out there and can't wait to see you all at the next competitions.

Sincerely
Tim Schuster
Program Director



Summer Weather Reminders

Hello Central Area, I hope you're having an amazing summer. With the high temperatures and chances of pop-up thunderstorms this time of year, I wanted to remind coaches and anyone else involved with the athletes outside of the SOMO weather policies.

- If the heat index is 105 degrees or higher, events will use a heat schedule or be cancelled.
- If there is thunder or lightening which can be heard or seen then events will be put on hold and all participants sent to safety until 30 mins passes without any lightning



“If something stands between you and success move it”



UPCOMING EVENTS

- August 10th Central Area Tennis Tournament
- August 11th Central Area Golf Tournament
- August 27th Central Area Bocce Tournament
- September 30th Carrollton Local Track Meet
- October 7-9 State Outdoor Games

IMPORTANT RESOURCES

Link to Special Olympics softball rules:

<https://somo.org/wp-content/uploads/2022/07/SOMO-Softball-Rules-Updated-6-30-22.pdf>

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?_ga=2.62106858.79616945.1604422118-1556684118.1604422118

Link to Special Olympics Bocce Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Bocce-Rules-2020-v4.pdf?_ga=2.63139049.79616945.1604422118-1556684118.1604422118

Link to Special Olympics Golf Rules:

<https://somo.org/wp-content/uploads/2022/06/Golf-Sports-Rules-SOI.pdf>

<https://somo.org/wp-content/uploads/2020/09/GOLF-Rules-SOMO.pdf>

Link to Special Olympics Tennis Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Tennis-Rules-2020-v2.pdf?_ga=2.242362436.79616945.1604422118-1556684118.1604422118

<https://somo.org/wp-content/uploads/2020/09/Tennis-Rules.pdf>

Link to Special Olympics Flag Football Rules:

https://media.specialolympics.org/resources/sports-essentials/other-sports/Flag-Football-Rules.pdf?_ga=2.227518941.1526695534.1572377570-135561889.1571931120

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