



SPECIAL OLYMPICS MISSOURI Central Area NEWSLETTER

August 2022

Message from Program Director Tim Schuster

Hope all of you are having a great summer. Stay cool out there and can't wait to see you all at the next competitions.

Sincerely
Tim Schuster
Program Director



Central Area Highlights

Hello Central Area, I hope you're having an amazing summer. Just wanted to put out a couple of tidbits here as we move into the fall and winter sports.

1. It's Drive It Home Raffle Time, and we need your help. Please consider selling raffle tickets this year. They are back to the \$5 per ticket and every little bit helps. [Click here for more information on how to buy and sell tickets!](#)
2. Coaches, as we move to the end of the year, please make sure you are keeping your athletes' physicals up to date. If you need a list of athletes with expiring physicals, you can reach out to me at schuster@somo.org.



“If something stands between you and success move it”



UPCOMING EVENTS

- August 10th Central Area Tennis Tournament
- August 11th Central Area Golf Tournament
- August 27th Central Area Bocce Tournament
- September 30th Carrollton Local Track Meet
- October 7-9 State Outdoor Games
- October 12 Odessa Local Track Meet
- October 21 South Callaway Local Track Meet
- December 3rd Central Area Bowling Tournament in Columbia
- December 8th Lexington Local Basketball Tournament

IMPORTANT RESOURCES

Link to Special Olympics softball rules:

<https://somo.org/wp-content/uploads/2022/07/SOMO-Softball-Rules-Updated-6-30-22.pdf>

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?_ga=2.62106858.79616945.1604422118-1556684118.1604422118

Link to Special Olympics Bocce Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Bocce-Rules-2020-v4.pdf?_ga=2.63139049.79616945.1604422118-1556684118.1604422118

Link to Special Olympics Golf Rules:

<https://somo.org/wp-content/uploads/2022/06/Golf-Sports-Rules-SOI.pdf>

<https://somo.org/wp-content/uploads/2020/09/GOLF-Rules-SOMO.pdf>

Link to Special Olympics Tennis Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Tennis-Rules-2020-v2.pdf?_ga=2.242362436.79616945.1604422118-1556684118.1604422118

<https://somo.org/wp-content/uploads/2020/09/Tennis-Rules.pdf>

Link to Special Olympics Flag Football Rules:

https://media.specialolympics.org/resources/sports-essentials/other-sports/Flag-Football-Rules.pdf?_ga=2.227518941.1526695534.1572377570-135561889.1571931120

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