



# SPECIAL OLYMPICS MISSOURI Kansas City Metro Area NEWSLETTER

AUGUST 2022

## Message from Program Director Meg Ward

It has been so fun getting to dream and expand local opportunities for our athletes, and NONE of it would be possible without the amazing support of our coaches and volunteers. You are amazing!



## HIGHLIGHTS

We have lots of fun things happening in the KC Metro! Be sure to join our Facebook Page to stay tuned on all the fun: “*Special Olympics Missouri – KC Metro.*”

Athletes are gearing up for several Area Tournaments in August, including Golf (8/3), Softball (rescheduled to 8/6), Bocce (8/13) and West Regional Softball (8/27). Please let us know if you are interested in volunteering!

See link to sign up for local volunteer opportunities:

<https://somo.volunteerhub.com/lp/kcmetro/?format=o&filter={}>

Please also mark your calendars for:

- Golf Clinic with Rockhurst University (9/16)
- Dog Yoga Clinic (9/25)
- 5-Week Young Athletes Program, starting 9/25



*“There are three ways to ultimate success: the first way is to be kind. The second way is to be kind. The third way is to be kind.”*

- Mr. Rogers

## AREA UPDATES

SOMO’s “Drive It Home” raffle is in full swing! Your purchase of a raffle ticket (\$5 per ticket OR \$20 for 5 tickets) will give you the chance to win a 2022 Ford Ranger XLT 4x4 Truck! HUGE thanks to the Missouri Automobile Dealers Association for this generous donation. All proceeds will directly serve SOMO’s 10,000+ athletes!

Check out our website for further detail:

<https://somo.org/raffle/?fbclid=IwARop1WMkpD2TaVMqUwvlTEuVlfPGbCt9otn8ZRLa7YQWKC16IAqQx3PSXwU>



## UPCOMING EVENTS

- August 3 – KC Metro/ North Area Golf Tournament
- August 6 – KC Metro/ North Area Softball Tournament (rescheduled date)
- August 13 – KC Metro/ North Area Bocce Tournament
- August 27 – Regional Softball (Lee's Summit, MO)
- October 7- October 9 – State Outdoor Games (Jefferson City, MO)
- November 5 – KC Metro Area Bowling Tournament

## IMPORTANT RESOURCES

- SOMO Coach Training Videos: <https://somo.org/trainingvideos/>
- Bocce Rules: <https://somo.org/wp-content/uploads/2020/09/Bocce-Rules-SOMO.pdf>
- Bowling Rules: <https://somo.org/wp-content/uploads/2020/09/Bowling-Rules-SOMO.pdf>
- Golf Rules: <https://somo.org/wp-content/uploads/2020/09/GOLF-Rules-SOMO.pdf>
- Softball Rules: [https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?\\_ga=2.62106858.79616945.1604422118-1556684118.1604422118](https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Softball-Rules-2020-v3.pdf?_ga=2.62106858.79616945.1604422118-1556684118.1604422118)

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