



SPECIAL OLYMPICS MISSOURI

St. Louis Metro Area

NEWSLETTER

March, 2022

Message from Program Director Jocelyn Diehl

I've enjoyed meeting new athletes and volunteers at recent events, thank you to all of you who reached out in support of SOMO or to register your child for new activities – big things are in store for the St. Louis Area! Our biggest need for volunteers is coming up on May 7 for our Area Track & Swim meet, please visit us at somo.org to see how you can get involved!



HIGHLIGHTS

February brought the St. Louis Area a successful Polar Plunge and a well-attended, competitive Regional Basketball Tournament in St. Charles; thank you to all those that took the Plunge for our athletes, and assisted with the coaching, volunteering and spectating of our fine basketball athletes! Athletes from all over the State will gather in St. Charles later this month for State Basketball, which includes one of our first in-person Opening Ceremonies and dances since prior to a COVID lockdown, hope you can join us for this event!

Practices have kicked off for spring sports including athletics and aquatics and we look forward to spring sport competitions kicking off this month! Again, we've missed some competitions like aquatics last season and can't wait for their return.

Local athletes have been working and fundraising hard to advance to USA Games in Orlando, Florida this June and representing Team Missouri, please join me in wishing them the best!



The road to success and greatness is always paved with consistent hard work. Outwork your competitors, be authentic, and above all, chase your greatness.

– Dwayne Johnson



UPCOMING EVENTS

- March 5 – Lake St. Louis Polar Plunge (rescheduled due to weather)
- March 12 – Pattonville Local Swim Meet (Maryland Heights)
- March 18 - 19 – State Basketball Tournament (St. Charles)
- April 20 – Jefferson County Local Track Meet (Desoto)
- April 22 – St. Clair Local Track Meet (St. Clair)
- April 24 – St. Louis Metro Area Soccer Tournament (St. Louis)
- April 29 – Wright City Local Track Meet (Wright City)
- April 30 – St. Louis Metro Area Powerlifting Meet (Maryland Heights)
- May 7 – St. Louis Metro Area Spring Games (Town & Country)
- May 10 – Sullivan Unified Local Track Meet (Sullivan)
- May 20 – 22 – State Summer Games (Columbia)

CONTACT STAFF INFORMATION

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