



# SPECIAL OLYMPICS MISSOURI

## North Area

# NEWSLETTER

March

### Message from Program Director Alyssa Cress

Hi everyone! I want to thank each and every one of you for being a part of the North area. Whether you are a coach, family member, volunteer, or athlete, you are all a part of making our area succeed and we appreciate it!

Sincerely,  
Alyssa Cress



### HIGHLIGHTS

February brought us regional basketball and we were so excited to have many of our teams and athletes join us for a great day in Saint Joseph. Many of our teams are advancing to the State tournament in Saint Charles in March and they will get to experience an exciting opening ceremonies, healthy athletes, a dance, and some great basketball competition. We are looking forward to our swimming and track meets in April and can't wait to be outside with some nice weather (cross your fingers).

We also had a very successful Polar Plunge in Saint Joseph and Chillicothe in February. Check out the picture above to see some of the awesome costumes! Thank you to everyone that participated, volunteered, or donated to these wonderful events!

Costume winners from the Saint Joseph Plunge.



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*“Make sure your worst enemy doesn’t live between your own two ears.”*

*– Laird Hamilton*

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### AREA UPDATES

We have recently changed our class A forms to an online (fillable) document. Any new Class A volunteers/unified partners can now fill out their class A forms online! See below for direct links to these forms.

We have scheduled an in person Athlete Leadership University from March 25-27 at the TLC Building in Jefferson City. This is at NO COST to our athlete leaders so SIGN UP NOW!! This is for new and returning athlete leaders. [2022 Spring ALPS U registration \(jotform.com\)](https://www.jotform.com)

# **Special Olympics** Missouri



## **UPCOMING EVENTS**

March 5<sup>th</sup>- Kirksville Plunge  
March 12<sup>th</sup>- Shamrock Run  
March 18-19<sup>th</sup>- State basketball- Saint Charles  
March 25-27<sup>th</sup>- ALPs University- Training for Life Campus  
April 2<sup>nd</sup>- KC/North Area aquatics- Henley Aquatic Center  
April 23<sup>rd</sup>- Kirksville Area Track meet  
April 27<sup>th</sup>- North Area aquatics- MWSU  
May 20-22- State Summer Games- Columbia  
October 7-8- State Outdoor Games- Jefferson City

## **IMPORTANT RESOURCES**

[Unified Sports Partner Application \(jotform.com\)](http://jotform.com)  
[Class A Volunteer Application \(jotform.com\)](http://jotform.com)  
[Minor Class A Volunteer Application \(jotform.com\)](http://jotform.com)  
[Physical-Form-updated-4.23.14.pdf \(somo.org\)](http://somo.org)  
[Microsoft Word - Release.docx \(somo.org\)](http://somo.org)

## **CONTACT STAFF INFORMATION**

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