



SPECIAL OLYMPICS MISSOURI

North Area

NEWSLETTER

February

Message from Program Director Alyssa Cress

Hi everyone! I want to thank each and every one of you for being a part of the North area. Whether you are a coach, family member, volunteer, or athlete, you are all a part of making our area succeed and we appreciate it!

Sincerely,
Alyssa Cress



HIGHLIGHTS

Unfortunately, we had to cancel the KC/North area basketball tournament in January due a spike in COVID cases at the time. Luckily, many of our teams are still going to have the chance to advance on the regional basketball tournament in Saint Joseph on February 12th. We are also looking forward to all of our north area plunges coming up in February and March. See below for dates and locations! As we wrap up basketball seasons here shortly, please reach out to Alyssa with any questions or training needs for our upcoming sports of track, aquatics, soccer, and volleyball. We are working on putting together some new processes for coaches to be trained in their sport this year, so coaches should be on the lookout for that!

Finally, one of our very own North Area athlete leaders, Heather Lammers from Kirksville, will be representing Missouri on Capitol Hill Day in February! Thank you to Heather and our other delegates for being an AWESOME representation for SOMO and going out to promote our mission.

Check out our Pony Express riders getting ready for basketball practice with a great stretching session!



“The only one who can tell you ‘you can’t win’ is you and you don’t have to listen.”

– Jessica Evans-Hill

AREA UPDATES

We have recently changed our class A forms to an online (fillable) document. Any new Class A volunteers/unified partners can now fill out their class A forms online! See below for direct links to these forms.

We have scheduled an in person Athlete Leadership University from March 25-27 at the TLC Building in Jefferson City. This is at NO COST to our athlete leaders so SIGN UP NOW!! This is for new and returning athlete leaders. [2022 Spring ALPS U registration \(jotform.com\)](https://jotform.com)

Special Olympics Missouri



UPCOMING EVENTS

February 12th- West regional basketball- Saint Joseph
February 12th- Chillicothe Plunge
February 26th- St. Joseph Plunge
March 5th- Kirksville Plunge
March 18-19th- State basketball- Saint Charles
March 25-27th- ALPs University- Training for Life Campus
April 2nd- KC/North Area aquatics- Henley Aquatic Center
April 23rd- Kirksville Area Track meet
April 27th- North Area aquatics- MWSU
May 20-22- State Summer Games- Columbia
October 7-8- State Outdoor Games- Jefferson City

IMPORTANT RESOURCES

[Unified Sports Partner Application \(jotform.com\)](http://jotform.com)
[Class A Volunteer Application \(jotform.com\)](http://jotform.com)
[Minor Class A Volunteer Application \(jotform.com\)](http://jotform.com)
[Physical-Form-updated-4.23.14.pdf \(somo.org\)](http://somo.org)
[Microsoft Word - Release.docx \(somo.org\)](http://somo.org)

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