



# SPECIAL OLYMPICS MISSOURI

## Central Area

# NEWSLETTER

January

### Message from Program Director Tim Schuster

Athletes, coaches, and families, I want to thank you for your patience as we navigate events with the pandemic. I know it can be frustrating at times but I appreciate you all sticking with us and being flexible during these trying times.

Sincerely  
Tim Schuster  
Program Director



### HIGHLIGHTS

So we took a bit of a step back when we had to cancel area basketball. Like I said in my message I appreciate all of your flexibility and for sticking with us. Regional Basketball is right around the corner as well as State. We have a local basketball tournament coming up in Russellville as well as Laquey.



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*“If cauliflower can become pizza.....you, my friend can do anything”*

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### AREA UPDATES:

The Central Area spring games meet will take place April, 23 at Rock Bridge High School in Columbia. Will have a date for the Waynesville meet shortly.



## UPCOMING EVENTS

- Feb 12<sup>th</sup> Regional Basketball St. Joseph
- Feb 19<sup>th</sup> Regional Basketball St. Charles
- Feb 23<sup>rd</sup> Russellville Local Basketball Tournament
- March 4<sup>th</sup> Laquey Local Basketball Tournament
- March 5<sup>th</sup> Polar Plunge Rolla
- March 12<sup>th</sup> Polar Plunge Columbia
- March 18<sup>th</sup> & 19<sup>th</sup> State Basketball Tournament
- April 23<sup>rd</sup> Central Area Spring Games
- May 6<sup>th</sup> Hermann Local Track Meet
- May 11<sup>th</sup> Holden local Track Meet

## IMPORTANT RESOURCES

Link to Special Olympics basketball rules:

[https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Basketball-Rules-2020-v4.pdf?\\_ga=2.18014649.1043438548.1640183497-1894705858.1637615854](https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Basketball-Rules-2020-v4.pdf?_ga=2.18014649.1043438548.1640183497-1894705858.1637615854)

Link to SOMO Basketball Rules:

<https://somo.org/wp-content/uploads/2020/09/Basketball-Rules-SOMO.doc>

## CONTACT STAFF INFORMATION

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