



INDIVIDUAL SKILLS – WHEELCHAIR DIVISION

Athlete's Name: _____ Division: _____

Team: _____ Age: _____ Gender: _____

Total Score: _____ Division Place: _____

SKILL #1 – SHOOTING: The athlete's score is the sum of the points from ten shots.

SCORING: Made basket from:

5 inches – 1 pt * 10 inches – 2 pts * 15 inches – 3 pts * 20 inches – 4 pts * 25 inches – 5 pts

Round 1: _____ + _____ + _____ + _____ + _____ = _____

Round 2: _____ + _____ + _____ + _____ + _____ = _____

TOTAL POINTS (Round 1 + Round 2) = _____

SKILL #2 – PASSING: The athlete will pass the ball to a staff member standing in a 2'X3' area. The staff member must catch the ball within the marked area for the athlete to receive points. The athlete's score is the sum of the points from ten passes.

SCORING: Successful pass from:

2 feet – 1 pt * 5 feet – 2 pts * 10 feet – 3 pts * 15 feet – 4 pts * 20 feet – 5 pts

Round 1: _____ + _____ + _____ + _____ + _____ = _____

Round 2: _____ + _____ + _____ + _____ + _____ = _____

TOTAL POINTS (Round 1 + Round 2) = _____

SKILL #3 – CATCHING: A staff member will stand in a 2'x3' area and pass the ball to the athlete from five distances. The staff member must stay in the marked area, and the athlete must use at least one hand to catch the ball to receive points. A staff member may bounce pass the ball. The athlete's score is the sum of the points from ten attempted catches.

SCORING: Successful catch from:

2 feet – 1 pt * 5 feet – 2 pts * 10 feet – 3 pts * 15 feet – 4 pts * 20 feet – 5 pts

Round 1: _____ + _____ + _____ + _____ + _____ = _____

Round 2: _____ + _____ + _____ + _____ + _____ = _____

TOTAL POINTS (Round 1 + Round 2) = _____

SKILLS #1 _____ points

SKILLS #2 _____ points

SKILLS #3 _____ points TOTAL POINTS SCORED = _____