

SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET

Athlete's Name: _____

Delegation: _____

Gender: _____

Age: _____

Level 1 (athlete's at this level should complete the ISC Skills Testing)	Level	E. Second Serve			Level
Player just starting to play tennis		Double faults are common			2
Section A through G do not need to be completed		Pushes 2nd serves			4
A. Forehand	Level	Hits 2nd serves with control			6
Hits inconsistent weak FH shots	2	Hits 2nd serves with control and depth			7
Hits FH shots with little directional control	3	Hits 2nd serves with spin, control and depth			8
FH has directional control of shots, but shots lack depth	4	F. Return of Serve			Level
FH has sufficient control to sustain a short rally and is developing depth	5	Has difficulty returning serve			2
Rallies with control and depth, but has difficulty when shots are high or hard	6	Returns serve occasionally			3
Rallies consistently with depth, becomes inconsistent when adding pace	7	Returns 2nd serve consistently			4
Sustains an extended rally with direction, pace and depth	8	Returns some 1st serves, returns 2nd serves consistently			5
B. Backhand	Level	Returns 1st and 2nd serves consistently			6
Hits inconsistent weak BH shots	2	Aggressive return of 2nd serve and consistent return of 1st serve			7
Hits BH shots with little directional control	3	Aggressive return of 1st and 2nd serves			8
BH has directional control of shots, but shots lack depth	4	G. Volleys			Level
BH has sufficient control to sustain a short rally and is developing depth	5	Hits inconsistent volleys; avoids net			3
Rallies with control and depth, but has difficulty when shots are high or hard	6	Hits consistent FH volleys; BH volley is inconsistent			4
Rallies consistently with depth, becomes inconsistent when adding pace	7	Hits consistent volleys; has problems approaching the net			5
Sustains an extended rally with direction, pace and depth	8	Has ability to approach the net and hits consistent volleys			6
C. Movement	Level	Comfortable moving to net, moves laterally well for both FH and BH volleys			7
Stationary position; does not move to ball to hit shots	2	Hits aggressive FH and BH volleys			8
Moves only 1-2 steps toward ball to hit shots	3	Section	Category	Level	Comments
Moves toward ball; but court coverage is poor	4	A	Forehand		
Movement allows sufficient court coverage of most shots	5	B	Backhand		
Has good court coverage, reacts well enough to sustain a short rally	6	C	Movement		
Reacts quickly to the ball and has very good court coverage	7	D	First Serve		
Exceptional court coverage, reacts quickly to the ball and recovers after each shot	8	E	Second Serve		
D. First Serve	Level	F	Return of Serve		
1st serve is weak	2	G	Volleys		
Hits 1st serves in at a slower pace	4	Total of Sections A through G			
Hits 1st serves with pace	6	divided by 7			
Hits 1st serves with pace and control	8	FINAL RATING			

Rater's Name: _____

Suggested Competition level for athletes

Tennis Rating of 1.0 – 1.9

Athlete should compete in:

Level 1 – Individual Skills Competition

Tennis Rating of 2.0 – 2.9

Athlete should compete in:

Level 2 – 42' Court – Red foam ball

Tennis Rating of 3.0 – 3.9

Athlete should compete in:

Level 3 – 60' Court – Orange ball

Tennis Rating of 4.0 – 4.9

Athlete should compete in:

Level 4 – 78' Court – Green ball

Tennis Rating of 5.0 – 8.0

Athlete should compete in:

Level 5 – 78' Court – Yellow ball

