



GOLF

The Official Special Olympics Sports Rules shall govern all Special Olympics Golf competitions. As an international Sports Program, Special Olympics has created these rules based upon The Rules of Golf as approved by the Royal and Ancient Golf Club of St. Andrews (R&A) and the United States Golf Association (USGA). These rules shall govern all competition except when in conflict with the Official Special Olympics Sports Rules. In such cases, the Official Special Olympics Sports Rules shall apply.

A. Events offered by Special Olympics Missouri

1. Level 1 – Golf Individual Skills
2. Level 2 – Unified Sports Alternate Shot Team Competition (9-hole)
3. Level 3 – Unified® Sports Alternate Shot Team Competition (18-hole)
4. Level 4 – Individual Stroke Play Competition (9 hole)
5. Level 5- Individual Stroke Play Competition (18 hole)

B. Special Olympics Missouri Rules

1. All golfers must have an average of 65 or less to compete in Levels 2,/3
2. SOMO will allow athletes to play 18-hole alternate shot golf with a maximum q-score of 110.
3. SOMO will eliminate the Pitch Shot as an Individual Skill and only have 5 Individual Skills.

C. Competition Uniform

1. Golfers **must** wear a clean collared shirt without holes.
2. Golfers may wear clean shorts or blue jeans without holes. Slacks or dress shorts are recommended.
3. Golfers may **ONLY** wear soft spikes.

